

## Millennium Arena Fitness Centre

London SW11

Tel: 020 8871 7537

<b>Opening Times</b>	
Monday to Friday	7am-10pm
Saturday and Sunday	7.30am to 7.30 pm
<b>Peak</b>	5pm-10pm Monday to Friday
<b>Off Peak</b>	7am-5pm Monday to Friday and all Weekend
<b>Prices</b>	
Monthly peak	£38
Monthly off peak	£29.50
1 month pass – peak	£45.50
1 month pass – off peak	£37
3 month pass - peak	£130
3 month pass – off peak	£100
Annual pass – peak	£390
Annual pass – off peak	£310
Casual use	£6.50 per session
Classes	£5.50 (free to peak members and at a concession rate to off peak members)
Concession	£4 per session/class
Concession rates are available Monday to Friday from 7am-6pm for people who are registered disabled, unemployed, over 60 or a student.	
<b>Class Timetable</b>	
<b>Monday</b>	Kickboxing (mixed level): 6.30-7.30pm
<b>Tuesday</b>	Yoga: 6-7.15pm Yoga: 7.15-8pm
<b>Wednesday</b>	Stretch and tone: 12.10-12.55pm Tai Chi: 6.30-8pm
<b>Thursday</b>	Kickboxing (mixed level): 6.30-7.30pm
Please call 020 8871 7537 for more details. Classes are subject to change.	